



November 2025

5-12 Salad Bar



Monday	Tuesday	Wednesday	Thursday	Friday
3 Romaine Lettuce Spinach Fresh Cucumbers Red/Green Bell Peppers Apple Orange Tomatoes, Egg Apple, Orange, Raisins Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick Choice of Milk Dried Cranberries	4 Romaine Lettuce Spinach Fresh Cucumbers Red/Green Bell Peppers Apple Orange Tomatoes, Egg Apple, Orange, Raisins Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick Choice of Milk Dried Cranberries Pita Chips & Hummus	5 Romaine Lettuce Spinach Fresh Cucumbers Red/Green Bell Peppers Apple Orange Tomatoes, Egg Apple, Orange, Raisins Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick Choice of Milk Dessert	6 Romaine Lettuce Spinach Fresh Cucumbers Red/Green Bell Peppers Apple Orange Tomatoes, Egg Apple, Orange, Raisins Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick Choice of Milk Pita Chips & Hummus	7 Romaine Lettuce Spinach Fresh Cucumbers Red/Green Bell Peppers Apple Orange Tomatoes, Egg Apple, Orange, Raisins Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick Choice of Milk
10 Romaine Lettuce Spinach Fresh Cucumbers Red/Green Bell Peppers Apple Orange Tomatoes, Egg Apple, Orange, Raisins Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick Choice of Milk Dried Cranberries	11 Romaine Lettuce Spinach Fresh Cucumbers Red/Green Bell Peppers Apple Orange Tomatoes, Egg Apple, Orange, Raisins Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick Choice of Milk Dried Cranberries Pita Chips & Hummus	12 Romaine Lettuce Spinach Fresh Cucumbers Red/Green Bell Peppers Apple Orange Tomatoes, Egg Apple, Orange, Raisins Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick Choice of Milk Dessert	13 Romaine Lettuce Spinach Fresh Cucumbers Red/Green Bell Peppers Apple Orange Tomatoes, Egg Apple, Orange, Raisins Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick Choice of Milk Pita Chips & Hummus	14 Romaine Lettuce Spinach Fresh Cucumbers Red/Green Bell Peppers Apple Orange Tomatoes, Egg Apple, Orange, Raisins Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick Choice of Milk
17 Romaine Lettuce Spinach Fresh Cucumbers Red/Green Bell Peppers Apple Orange Tomatoes, Egg Apple, Orange, Raisins Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick Choice of Milk Dried Cranberries	18 Romaine Lettuce Spinach Fresh Cucumbers Red/Green Bell Peppers Apple Orange Tomatoes, Egg Apple, Orange, Raisins Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick Choice of Milk Dried Cranberries Pita Chips & Hummus	19 Romaine Lettuce Spinach Fresh Cucumbers Red/Green Bell Peppers Apple Orange Tomatoes, Egg Apple, Orange, Raisins Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick Choice of Milk Dessert	20 Romaine Lettuce Spinach Fresh Cucumbers Red/Green Bell Peppers Apple Orange Tomatoes, Egg Apple, Orange, Raisins Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick Choice of Milk Pita Chips & Hummus	21 Romaine Lettuce Spinach Fresh Cucumbers Red/Green Bell Peppers Apple Orange Tomatoes, Egg Apple, Orange, Raisins Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick Choice of Milk
24 Romaine Lettuce Spinach Fresh Cucumbers Red/Green Bell Peppers Apple Orange Tomatoes, Egg Apple, Orange, Raisins Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick Choice of Milk Dried Cranberries	25 Romaine Lettuce Spinach Fresh Cucumbers Red/Green Bell Peppers Apple Orange Tomatoes, Egg Apple, Orange, Raisins Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick Choice of Milk Dried Cranberries Pita Chips & Hummus	26 NO SCHOOL TODAY	27 NO SCHOOL TODAY	28 NO SCHOOL TODAY

This Institute is an Equal Opportunity Provider

-Low-fat Milk is offered at every meal.

-Salad Bar has choice of one meat choice or cottage cheese

Each Meal has a choice of only one meat/meat alternative (extra meat is .75 cent each).

Pricing: Lunch Jk-4 = \$2.45 / 5-8 = \$2.65 / 9-12 = \$2.85

Adult Lunch = \$4.85

-Pay Child Meal Accounts online at [MySchoolBucks.com](https://www.myschoolbucks.com)